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Vegan Publishers, United States, 2015. Paperback Book Condition: New. 214 x 147 mm. Language: English. Brand New Book. Shopping is a vital link in the chain for those who follow a plant-based diet, or for those who are curious and want to give it a try. The grocery store is where you will find alternative products and new ingredients to purchase and enjoy. This practical guide will help you learn about the many different plant-based choices to buy, and...

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- Authored by Stewart Rose, Amanda Strombom
- Released at 2015



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