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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 40 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. The most recent estimates classify more than 35 of U. S. adults as obese. Obesity has been linked to increased risk of diseases such as hypertension, diabetes mellitus, kidney disease, and cancer; decreased life expectancy; and increased costs. Healthy People 2020 identified preventing weight gain and the development of obesity as a priority area, specifically to increase the prevalence of...

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- Authored by U. S. Department of Health and Human Services
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Reviews

Good e-book and helpful one. It can be written in basic phrases rather than confusing. I realized this ebook from my i and dad recommended this book to find out.

-- **Ozella Batz**

This pdf is definitely not straightforward to get started on studying but extremely exciting to see. It generally does not charge an excessive amount of. Your lifestyle period is going to be converted once you fully look over this publication.

-- **Elliott Rempel MD**

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