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A Month of Virtues for Healing and Healthy Living (Paperback)

By Warren L Naegele

WestBow Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. A Month of Virtues for Healing and Healthy Living outlines thirty-one daily reflections on virtues that can lead one to healing and to healthy living. Warren L. Naegele, drawing upon decades of experience ministering to people in congregations and in clinical settings, has crafted acrostics that build upon the letters spelling each virtue and that present inspiring thoughts dedicated to promoting personal wellbeing. Each day's reflection leads the reader to dwell on a particular virtue by sketching out the Bible's guidance, offering the virtue's related acrostic, reflecting on the benefits of the virtue, suggesting a prayer, and listing suggested scriptural readings. The most distinctive feature of each entry--the acrostic--uses the strengths of poetry to make its message memorable. So, for instance, -Joy- finds its expression with these lines: - Jesus came into the world as the / Only begotten Son of the Father. / Yes, He is the Savior of the world.- When you survey your life and find you have the desire to grow spiritually, to set out on a journey to healing, and to change your habits...



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