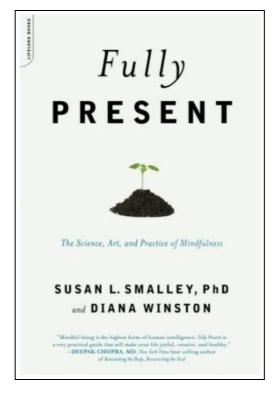
Fully Present: The Science, Art, and Practice of Mindfulness



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FULLY PRESENT: THE SCIENCE, ART, AND PRACTICE OF MINDFULNESS



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