



Unleash the Power of Your Heart and Mind: Your Unified Heart and Mind Is a Powerful Creative State to Bring Your Desires Alive (Paperback)

By Steven Redhead

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Unleash The Power of the Heart and Mind provides the inspirational direction for how to enliven the heart consciousness in order to access the Powers of The Heart then linking that state to the subconscious and conscious mind; which in turn is able to connect to the higher consciousness. The inspiration of the heart linked with the higher consciousness once in perfect sync provides a powerful force to not only drive but create reality in the way you have programmed through logical thought. It is not as some believe a choice between the intellect of the mind and the intuition of the heart; rather the unification of these two conscious states is the answer. Relying only either on the intellect and logic of the mind is limiting and gains from the support of intuitive insights from the heart's intelligence. Utilising the Power of the Heart in conjunction with the Mind is the most significant choice you will make in life. The heart is not only an intuitive source but also a creator capable of bringing or driving your...

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