



Migraine: The Drug-Free Way (Paperback)

By Sue Dyson

Wellhouse Publishing Ltd, United Kingdom, 2013. Paperback. Condition: New. UK ed.. Language: English . Brand New Book. You feel like a hole is being drilled in your head. Your stomach is heaving. You are sensitive to light and so confused that you can barely speak. Or perhaps you suffer nausea and a throbbing, one-sided headache that lasts for days. Migraine sufferers will recognise these symptoms. This essential book focuses on options beyond conventional medicine. By identifying a pattern of food intolerances and sensitivities, Sue Dyson offers the prospect of relief without prescription drugs.



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