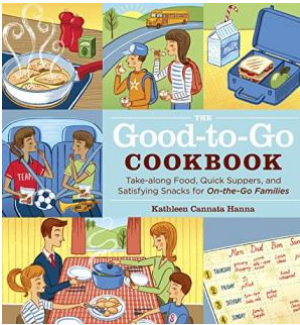


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## THE GOOD-TO-GO COOKBOOK



Storey Publishing LLC. Paperback. Book Condition: new. BRAND NEW, The Good-to-Go Cookbook, Kathleen Cannata Hanna, As busy schedules cut into food preparation time of families with active teenagers, takeout pizzas and Pop-tart breakfasts become the norm. But Pop-Tarts fall pretty short in the nutrition category. Fresh fruit smoothies, yogurt parfaits, homemade granolas, and breakfast sandwiches all provide a better start to the day, but how to fit more nutritious choices into hectic daily routines? Kathleen Cannata Hanna responds to the challenge...

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- Authored by Kathleen Cannata Hanna
- Released at -



Filesize: 5.62 MB

### Reviews

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-- **Santina Sanford**

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