



Potatoes Not Prozac, A Natural Seven-Step Dietary Plan to Stabilize the Level of Sugar in Your Blood, Control Your Cravings and Lose Weight, and Recognize How Foods Affect the Way You Feel

By DesMaisons, Kathleen

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Reviews

Completely essential go through ebook. It can be writter in basic phrases and never difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Jessy Collier

Complete manual! Its such a great study. It really is writter in straightforward phrases rather than hard to understand. You are going to like the way the article writer create this publication. -- Ike Fadel

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