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Beading - The Creative Spirit: Finding Your Sacred Center Through the Art of Beadwork

By Rev. Wendy Ellsworth

SkyLight Paths. Paperback. Condition: New. 240 pages. Dimensions: 8.9in. x 7.0in. x 0.7in. Find Your Creative Self in the Kaleidoscope of Beads and Color Beading and my spiritual path are intricately interwoven. It would be difficult for me to separate the two because they are so completely intertwined with one another. As I sit and weave with my beads, I allow the Creative Spirit to flow through me, and though my hands are doing the work, another force is actively participating in the process. This force is a transmission of Spirit that fills me with deep inner peace and joy as I bead. As a result, the practice of my art form has become a creative path to my sacred center. from the Introduction Believing that beading is a form of meditation through which we can access the Creative Spirit that is always present in us, master bead artist Rev. Wendy Ellsworth offers multiple ways to explore beading as a spiritual journey of self-discovery. Each of the seven chapters is rich with personal stories, exercises, and beading projects, and each project has a meditative experience to encourage a contemplative spirit and creative play. The project results are beautiful, meaningful symbols designed by a...



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Reviews

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