

When you paint



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(Rosendo Douglas DVM)*

WHEN YOU PAINT

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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 82 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. This book is a tribute to my mother, who died in 2006, and her brother, who is a successful Norwegian artist. It shows the impact of their upbringing together on his art and on their lives. Colorful paintings, poems and family secrets. The efficiency of treatment interventions for post traumatic disorder in children have not been researched upon extensively. Linda Chapman and fellow psychologists have, however, researched the effectiveness of art therapy on pediatric trauma patients. Early in the research, analysis showed that there were no significant reductions in PTSD (post traumatic stress disorder) symptoms between the patients and the control group. However, acute stress disorder symptoms were reduced for the children who received the art therapy intervention. A 2009 study of prison inmates done by David Gussak discovered that art therapy aided in the improvement of mood within prison inmates. It is believed that prison inmates experience an external locus of control and as such feel they do not control their lives and subsequently experience a higher instance of depression and overall poor mood. Art therapy however was proven by David Gussak to assist inmates to shift their locus of control from an external to internal and thus allow inmates to feel they had some control over themselves. This feeling of control led to improvement of mood and the associated depression within the inmate population. It should be noted that art therapy was found by Gussak to be more helpful in improving the mood of female inmates than male inmates, this however is not necessarily a completely conclusive result and requires further study. The term Art Brut was first coined by French artist Jean Dubuffet to describe art created...

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