



Transcendent Christian Counseling: The Disciple s Handbook to Mental Health and Spiritual Maturity

By Randy Rich Ph D

America Star Books, United States, 2006. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.In this contemplative and insightful book, Dr. Rich describes the stages of emotional and spiritual growth and outlines the critical tasks required at each stage. He begins with parenting techniques designed to help children obtain a healthy self-esteem, confidence, and a strong spiritual foundation, and progresses towards the essential role of the Holy Spirit in helping Christians move from ego-centered to God-centered in their daily routines. Specific interventions are described, blending cognitive behavioral and brief therapy techniques with the fundamental principles of faith and spiritual maturity. The emphasis is on finding wholeness, meaning and fulfillment through Godas presence within.



READ ONLINE
[7.27 MB]

Reviews

An exceptional pdf as well as the typeface utilized was interesting to see. I am quite late in start reading this one, but better then never. I am very happy to explain how this is actually the best pdf i actually have go through within my individual daily life and might be he greatest publication for possibly.

-- **Freddie Zulauf**

This is the greatest book i have got read through till now. I could possibly comprehended almost everything out of this published e book. Your daily life span will probably be enhance the instant you total looking at this book.

-- **Bernadette Baumbach**