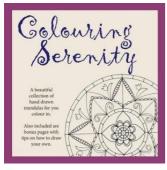
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# **COLOURING SERENITY (PAPERBACK)**



Serenity Press, 2015. Paperback. Condition: New. Karen Mc Dermott (illustrator). Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Adult Colouring Book Nazreem Nizan and Karen Mc Dermott have beautifully hand drawn a magical collection of mandalas for you colour in and feel inspired from. Colouring in and sketching can be very therapeutic in managing stress and mental health wellbeing. Also included are bonus pages with tips on how to draw your own.

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- Authored by -
- Released at 2015



#### Reviews

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