



## Stop Procrastinating Now!: Productivity Habits and Strategies to Make Life Easier and Get Results Quicker

By Lynn Hall

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Procrastination, in a few words, is the habit of deferring an action to a later time. Procrastination is much like an addiction, which gradually slows your progress. Do you put off the work you need to finish immediately, or is the paperwork piled a mile high on your table while you re mentally serene about handling it later? Need to start accomplishing tasks, but feel like putting them off until you re exhausted from not completing them and just giving up? Then this is the right book for you! Learning to deal with the occasional or chronic procrastination will not only help you accomplish tasks you desire, but it will also help you find success you were previously missing out on due to putting the work off for later and missing your deadlines. With this book, reach for those deadlines with sharp concentration and a better sense of commitment, which will break those bonds of procrastination you ve let yourself get entangled in. Finish things on time! Make your time count! So, what will you get from this...



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