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Diagnosis and Treatment of Chronic Fatigue Syndrome and Myalgic Encephalitis: It's Mitochondria, Not Hypochondria (Paperback)

By Sarah Myhill

Hammersmith Health Books, United Kingdom, 2017. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. Since its publication in April 2014, Dr Myhill's guide to understanding and overcoming CFS/ME has become a must-read for sufferers from this poorly understood condition. As the 103 5-star reviewers on Amazon say: This is the first book I've read that really provides hope for medical treatment of CFS/ME ; If you have CFS or ME this is the book you absolutely must read. I have been suffering from CFS for over two years and I don't know where I would have been without this goldmine of information and guidance ; Applying the advice in this book is gradually changing my life and I can't recommend it highly enough to anyone else who suffers from this terrifying illness. Thank you Dr Myhill - I will forever be in your debt. But in those two years both new research and new clinical findings have thrown further light onto a condition that for sufferers is life-stopping but for many doctors is all in the mind .Dr Myhill has revised, updated and expanded her original book to include new insights throughout...



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