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## Fire Your Therapist: Why Therapy Might Not Be Working for You and What You Can Do About It (Paperback)

By Joe Sieglar

Turner Publishing Company, United Kingdom, 2009. Paperback. Condition: New. Original. Language: English . Brand New Book. Build the life you want with the powerful alternative to therapy This is a terrific book about you achieving peak performance, better balance, and success. Think of it as your own personal guide to getting from good to great in your life. Dr. Sieglar actually does what many before have set out to accomplish-bright, ambitious people of all ages now have a proven path to transformation. --Stewart Emery, coauthor of the international bestsellers Success Built to Last and Do You Matter? Dr. Sieglar possesses the qualities of the best catalysts for profound change: clarity, compassion, and the courage to see each client with brand new eyes. This book is the essential guide for finding your way through the confusing thicket of self-mastery options. -- Raphael Cushnir, author of The One Thing Holding You Back and Surfing Your Inner Sea Finally, a new paradigm-that is refreshing, daring, cutting edge, and client-centric-that can yield the life and career you want. With Fire Your Therapist, Dr. Sieglar ushers in a new era of self-improvement. -- Josh Baran, author of The Tao of Now Dr. Sieglar shares the client-centered, goal-directed...



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