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## Glam Nail Studio: Tips to Create Salon Perfect Nails

By Amber-Elizabeth Stores

Race Point Publishing. Hardcover. Book Condition: New. Hardcover. 224 pages. Celebrity manicurist Amber Elizabeth Stores brings the salon straight to your living room in this graphic, information-packed guidebook, working from the inside out, Stores starts with research-supported advice on which foods to eat and products to use for optimal nail health. Next up she gives a basic introduction to the kinds of equipment you'll want to have on hand, explaining how and why each tool is used. She then delves into the vast world of nail polishes, illuminating the differences between base coats, ridge fillers, strengtheners, sealers, and more. Included in her polish tips is a unique guide to selecting the perfect colors based on your skin tone, style, and the season. Polishes are followed by a chapter on nail shapes what they say and how to attain them. A chapter on the Not-So-Basics takes the salon experience to the next level, with tips for electric manicures, hot oil manicures, paraffin waxes, and more. The Queen of Shellac goes on to share her top secret tips for acrylics, gels, and myriad effects (marbling, dotting, fading color, glitter dust, to name a few) in the second to last chapter. The book's grand...



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