



Technology for Transition and Postsecondary Success : Supporting Executive Function

By Gillian Hayes and Stephen Hosaflook

National Professional Resources (NPR), 2014. Other. Book Condition: New. This six-page (tri-fold) laminated reference guide focuses on readily available tools for augmenting and supporting the development of executive function skills, such as time and task management, organization, and self-regulation. These skills are crucial for accomplishing a variety of transition-related goals, including carrying out the daily routines that enable people to function autonomously, enroll in and be successful in postsecondary school, and obtain and excel at a job. Technology for Transition and Postsecondary Success identifies and describes how to use a spectrum of helpful technological tools in creative ways to support the transition to postsecondary education or employment. These include ? Digital calendars; ? To-Do list applications; ? Productivity software; ? Meditation and mindfulness applications; ? Monitoring applications for self-regulation. The guide also provides tips for using technology appropriately—including mobile device and email etiquette-- and staying safe online. Gillian R. Hayes, PhD is an Associate Professor in the Donald Bren School of Information and Computer Sciences, in the School of Education, and in the School of Medicine at The University of California, Irvine. She is the Robert A. and Barbara L. Kleist Chair in Informatics as well as the Director of...



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