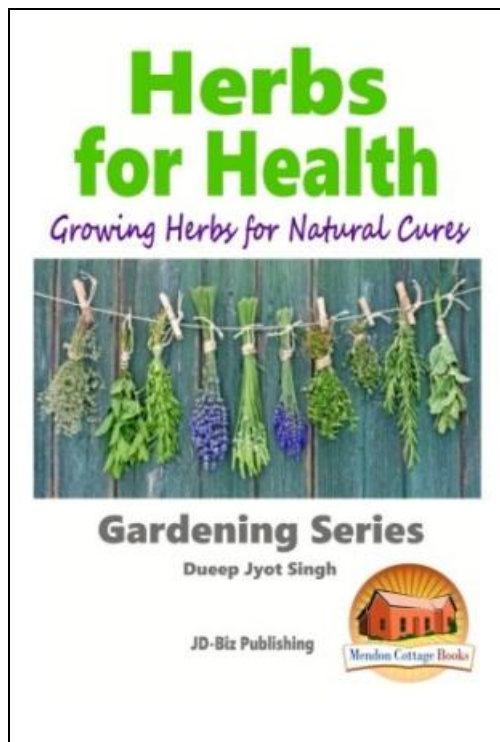


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Introduction Tips While Planning a Herb Garden Basil Cough Eczema and Skin Diseases Basil Tea Fever Coriander Hypothyroidism Hemorrhaging and Piles Fever Getting Rid of Warts and Black Moles Summer related Ailments Urinary Infections Diarrhea Mint Pneumonia and chest infections Hives Eczema Pimples Summer Related Fevers Onions Garlic Psoriasis Influenza Elixir of Youth Conclusion Author Bio Publisher Introduction It must have been millenniums ago when Ug, the Neanderthal noticed that his roasted and burned piece of mastodon tasted better, when it was eaten with wild leaves gathered from outside his cave door. With lots of trial and error, especially with plenty of possible poisonings and stomachaches, he finally got to understand that many of these plants, their leaves, their seeds, and their fruit were delicious and complemented the food that he ate. They were also good healers, and a paste of them ground together with water or milk could be applied on Ug s scratches and wounds, when he came home injured from arguments with other Neanderthal tribes or through hunting saber - toothed. In medieval times, any household without an Herb garden spoke about a careless housewife. Each housewife was proud to have her own herbal lore, given to her by her female ancestors, with which she used to keep her family healthy, add to their home cooked fare and kept her busy. Wise women since ancient times were known for the extent of their Herb gardens and their medical lore. However, in medieval times, when ignorance was rampant, anybody could get rid of her enemies by just denouncing her as a witch. I read a medieval historical, in which the pretty heroine was troubled by...

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