INTEGRATIVE MEDICINE AND FUNCTIONAL MEDICINE FOR CHRONIC HYPERTENSION: AN EVIDENCE 49AED MONOGRAPH ON THE TREATMENT OF HIGH BLOOD PRESSURE

Dietary, Nutritional, Botanical, Surgical, and Manipulative Therapeu tics with Concepts, Perspectives, Algorithms, and Protocols for th Safe and Effective Management of Chronic High Blood Pressure

> The art of co-creating wellness while effectively managing common health disorders

## DR. ALEX VASQUEZ

Forewords by Dr Joseph Brimhall, President, University of Western States Dr David Jones, President, Institute for Functional Medicine



Integrative Medicine and Functional Medicine for Chronic Hypertension: An Evidence-Based Monograph on the Treatment of High Blood Pressure

By Dr. Alex Vasquez

Createspace. Paperback. Condition: New. This item is printed on demand. 286 pages. Dimensions: 9.9in. x 8.2in. x 0.8in.ln 2014, this book was replaced by the Third Edition titled Functional Inflammology for High Blood Pressure and Sustained Hypertension: Includes Access to 1-hour Video Introduction to Protocol (ISBN-13: 978-1496051974 ISBN-10: 1496051971) completely updated by Dr Alex Vasquez as part of the Inflammation Mastery series, subtitled Deconstructing and Deciphering the Phenomenon and Enigma of Inflammatory Disorders, Allergy, and Autoimmunity using the F. I. N. D. S. E. X. acronym and the Updated Functional Inflammology Clinical protocol. Integrative Medicine and Functional Medicine for Chronic Hypertension provides healthcare professionals, policymakers, and the educated public more than a review of treatments for chronic hypertension; this book outlines and substantiates a paradigm shift that will broaden the reader s perspective and enable a new approach to hypertension management and disease prevention. Further, in the process of exploring the topic of hypertension, readers will see how the functional medicine approach that is described herein can be applied to other important health problems commonly encountered in clinical practice and public health. Hypertension commonly known as high blood pressure is the most common diagnosis in the practice of medicine, and...



## Reviews

Merely no phrases to spell out. I am quite late in start reading this one, but better then never. Your way of life period is going to be enhance once you complete reading this publication. -- Joanie Hamill I

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