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Functional Anatomy of the Spine (Paperback)

By Alison Middleditch, Jean Oliver

Elsevier Health Sciences, United Kingdom, 2005. Paperback. Condition: New. 2nd Revised edition. Language: English . Brand New Book ***** Print on Demand *****.This book provides therapists with the background knowledge they require before they can safely and accurately treat patients with musculoskeletal disorders of the spine. Thoroughly referenced and extensively illustrated with over 200 specially prepared and original diagrams of the highest quality, Functional Anatomy of the Spine will be invaluable to the student and practitioner physiotherapists, chiropractors and osteopaths, and indeed to all those who regularly treat spinal dysfunction. Accessory and physiological spinal movements are thoroughly described. Palpation is covered in detail. Numerous guidelines for safe practice are provided. A valuable, comprehensive chapter covers posture, lifting, and the prevention of injury. Coverage of applied anatomy and biomechanics is written by therapists for therapists. New theories on thoracic biomechanics are presented, rarely covered by other anatomy books. All topics have been updated to reflect recent scientific evidence, enabling the reader to more effectively formulate and manage treatment plans. New illustrations to complement the text and improve readers understanding of the material. A one-of-a-kind chapter covering the sacroiliac joint has been comprehensively revised. Expanded material is provided on the autonomic nervous system, thoracic spine biomechanics, and the biomechanics of the lower...



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