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The Farm Cook and Rule Book (Classic Reprint)

By Nell Beaubien Nichols

Forgotten Books. Paperback. Condition: New. This item is printed on demand. 312 pages.

Dimensions: 9.0in. x 6.0in. x 0.7in. Excerpt from The Farm Cook and Rule Book. Practically all the recipe and homemaking books on the market during the last decade have been written for city women. The Farm Cook and Rule Book has been prepared especially for rural homemakers, to help them use intelligently the foods available in their kitchens and to meet with prudence the problems confronted in their business of housekeeping. When America was younger, a large proportion of the population lived on farms. Then every mother taught her daughters how to cure the meat butchered, to manufacture soaps from left-over fats and cracklings, to utilize surplus fruits in making vinegar, to tan hides, to make hominy and to put away foods during the harvest for use in the winter. City growth has been rapid. With it changes have come. Commercial bakeries and laundries, restaurants, cafeterias, corner grocery stores and delicatessens have taken duties from city homes that remain in rural communities. The proximity of hospitals has even made the home nurses role less important; small apartments require different methods of housekeeping than country houses; the nearness of beauty...



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