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Adorable Zucchini: More Magic Than the Pumpkin

By Naomi Barry

Brick Tower Press. Paperback. Book Condition: new. BRAND NEW, Adorable Zucchini: More Magic Than the Pumpkin, Naomi Barry, Elizabeth David, the celebrated British gastronomic writer, championed the cause of baby zucchini so forcefully that growers actually bowed to her wishes. Her influence was equally felt by the public. In the Oxford Companion to Food, Alan Davidson wrote that zucchini "only became popular in England after Elizabeth David in the 1950s and 1960s had introduced them to readers of her books. "Grow Your Own" was the dictum of Jane Grigson, another British cookbook writer. "Even if you haven't a garden, you can buy a couple of zucchini plants from a nurseryman and grow them in the backyard or on a balcony in a tub. Until you have grown them yourself and picked them at 2-6 inches in length you cannot imagine how delicious they can be. Put them straight into the pan with a knob of butter and seasoning. Jam on the lid with foil and stew gently for about five minutes. That is all you should do with so perfect and fresh a vegetable".



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