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Bloom: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids

By Lynne Kenney, Wendy Young

HCI Press. Paperback. Book Condition: new. BRAND NEW, Bloom: 50 Things to Say, Think, and Do with Anxious, Angry, and Over-the-Top Kids, Lynne Kenney, Wendy Young, The first multi-media parenting book that that gives readers a new way to take a collaborative stance with children, improving their cognitive, emotional and social skills. Written for real parents with anxious, angry and over-the-top kids, Bloom is a brain-based approach to parenting all children. Stop second-guessing the way you handle misbehaviors, and learn why they occur in the first place. Come to understand the developmental origins of behaviors and take a fresh look at how you can address them with skill-building techniques that produce real and lasting change. Taking its lead from neuroscience and best practices in early childhood mental health, Bloom offers parents, teachers and care providers the words, thoughts and actions to raise calm, confident children, while reducing the need for consequences and punishment. The first book of its kind, Bloom provides pages full of printable mantras you can carry with you, hang on your fridge or use in your classroom to raise emotionally competent kids. Bloom allows you to take a collaborative stance with your children, improving their cognitive, emotional...



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