

Out-Frames: How Nlp Coaching Works (Paperback)



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This book is wonderful. It really is written in easy words and never difficult to understand. I am quickly can get a satisfaction of reading a created ebook.

(Carley Huels)




OUT-FRAMES: HOW NLP COACHING WORKS (PAPERBACK)

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Transformations International Consulting Trainin, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Written primarily for coaches and NLP Practitioners, this book first confirms what coaching and NLP (Neuro Linguistic Programming) do scientifically, and then shows how 7 radical new perspectives can enhance your use of these tools. For every coach who ever wondered Why isn t this working? and every person who asked themselves How can I actually get the success I know I could be getting? International Coaching NLP Trainers Richard Bolstad and Julia Kuruheva share their decades of experience helping people achieve outcomes and create a more satisfying lifestyle. Contents include: Richard s widely recognised RESOLVE model, updated with the most recent Psychology research Julia s Sprint model - A new coaching study concludes The usage of SPRINT is certainly the factor that most strongly is correlated to successful performance The Wheel of Change model that explains how different coaching styles match different personality types The Couples Coaching model that takes coaching beyond individualistic cultural and gender biases and uses it to create cooperation A model for treating coaching as a Spiritual process.

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