



Paleo Dessert Recipes: 45 Amazing, Healthy Tasty Recipes in One Cookbook: (Easy and Delicious Paleo Dessert Recipes, Healthy Desserts, Lose Belly Fat) (Paperback)

By Alexandra Black

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Paleo Dessert Recipes 45 Amazing, Healthy Tasty Recipes In One Cookbook If you have always wanted to try out the Paleo diet, there is no better time than the present moment to do that. This book includes 45 of the most delicious and yet not-fattening Paleo desserts, helping you lose all that extra weight. You will find that the recipes included in this book are easy to make and they do not take too long before they are ready. Plus, the ingredients are 100 healthy, which makes the whole experience even more interesting to try out. Here is a preview of what you will discover: Ten amazing recipes of ice cream - containing only healthy ingredients, ice cream is no longer off limit while you are following the Paleo diet Five yummy Paleo, gluten-free cake recipes - even if you are following the Paleo diet, this doesn't mean that you can't have cake Ten easy-to-make cookie recipes - you can stick to the Paleo diet and enjoy mouth-watering cookies, such as the ones with chocolate chips Ten incredible...

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