



Finding Your Way to Happy: 25 Invaluable Lessons for Life (Paperback)

By Brad Anastasia

Reserve House Publishing, 2012. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. What if the assumptions you ve made about how to live a good life were inaccurate? What if, despite doing everything you thought was right in life, you still wound up unhappy? What if the life plan your parents, peers, or society thought was best for you, isn t the kind of life you really wanted to live? Imagine waking up one day and realizing you ve lived your life the wrong way, only it s too late to do anything about it. Broken down into twenty-five essential life lessons that focus on relationships, careers, health, and life in general, Finding Your Way to Happy will help you answer the question: Am I living my life the right way? while there is still time to do something about it. Read and find out why: * Financial success isn t a prerequisite to happiness * Your genetics don t always have your best interests in mind * People don t change without extraordinary effort * Nothing very bad lasts for very long * Happiness doesn t have to be complicated Filled with actionable...



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Reviews

This created book is wonderful. This is for all those who statte that there was not a worth reading. Your way of life span will likely be enhance as soon as you comprehensive looking at this publication.

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It in a of the best publication. It is among the most remarkable publication i have read through. Your lifestyle period will be change once you complete reading this article publication.

-- Crystal Rolfson