



Lets Talk About Feeling Worried

By Joy Berry

Joy Berry Books. Paperback. Book Condition: New. Maggie Smith (illustrator). Paperback. 32 pages. Dimensions: 7.8in. x 7.8in. x 0.2in. Lets Talk About Feeling Worried (Lets Talk About series) helps children handle their anxiety by teaching them that worrying is normal, but by asking questions and learning about their fears, they can ease their worrying. Feeling Worried encourages children to learn the facts about their worries, and discuss them with a caring adult. The book also teaches tactics to help children calm themselves when faced with a worrisome situation. Like all of Joy Berrys books, Lets Talk About Feeling Worried speaks directly to the child and acts as a problem-solving resource for parents and caregivers. The book is filled with full-color illustrations and simple text that make the sometimes-difficult information easy to take in. Lets Talk About Feeling Worried includes a web address for FREE downloads. Lets Talk About Feeling Worried is recommended for children ages 3-6. Joy Berrys book series include the I Love books (ages 1-3); Lets Talk About (ages 3-6); Help Me Be Good (ages 4-7); A Fun and Easy Way (ages 7-10); Winning Skills (ages 11 and up); and Good Answers to Tough Questions (ages 6-12). This item...



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Reviews

Very useful to any or all group of folks. It really is rally interesting through reading through period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mrs. Dorris Wintheiser**

I actually started out reading this article ebook. This is for those who statte that there had not been a worth reading. Its been developed in an extremely easy way and it is just after i finished reading this book in which in fact modified me, change the way i really believe.

-- **Antonetta Ritchie IV**

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