



A.D.D. 28 Days and Counting: My Life with Attention Deficit Disorder (Paperback)

By Ava Fails

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.here are all the personal A.D.D. stories? That is what I wondered as I searched for books about A.D.D. and A.D.H.D. There was no lack of expert advice, but so few titles with a direct connection. This book begged to be written. Inside you ll learn that.For 28 years and counting, I have been a student of A.D.D. I have lived with it intimately and learned to cope with it effectively. I was diagnosed at age 10, and have run the gamut from medication to no medication. I have developed many personal coping skills, and I don t think an expert could pick me out of a crowd. Inside I tell you my story with a sincere hope that it will help you. I hope you find something you can relate to and something that you can use to encourage others. I have included the information that I have found encouraging in my own journey. I have received comments from all over the world in regard to my story and my list of Famous People with A.D.D. I ve heard...

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