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COMFORT JOY: STORIES OF HOPE, MEDITATIONS FOR HAPPINESS (PAPERBACK)



Dog Ear Publishing, 2012. Paperback Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Sylvia Ewing is a non-profit executive and award-winning journalist committed to offering her life skills to help others find self-awareness and enlightenment. She is a certified meditation teacher and has had a personal meditation practice for decades. Sylvia shares humor and her intimate and accessible style on a variety of platforms, including radio, television, and blogs. Sylvia is also a popular moderator...

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- · Authored by Sylvia M Ewing
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