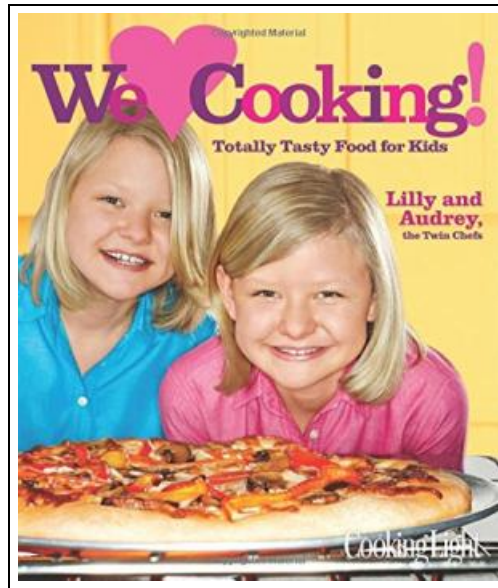


Cooking Light We Heart Cooking!



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Reviews

*Complete guide! Its this sort of good read. It is rally exciting throgh studying period. I am just pleased to explain how here is the very best publication i have go through inside my own existence and could be he very best publication for at any time.
(Adele Rosenbaum)*

COOKING LIGHT WE HEART COOKING!



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Condition: New. Publisher/Verlag: Oxmoor House | Totally Tasty Food for Kids Who Love to Cook | A People Magazine New Fall Cookbooks Pick Twelve-year-old Twin Chefs Lilly and Audrey are going to teach you and your kids how to make 85 taste bud-tingling recipes that are a blast to cook and eat! With an emphasis on creativity, tasty flavor combinations and ease in preparation, We Cooking! is the perfect cookbook for kids and parents who want to prepare healthy food the whole family will love. Designed to inspire all levels of cooking, this delightful cookbook includes teachable moments about food and cooking including: Visual guides to basic cooking techniques Illustrated step-by-step recipe instructions Kitchen safety tips and recommendations Nutritional analysis with each recipe Entertaining food trivia and cooking tips sidebars From lunchbox faves to snack-time madness, The Twin Chefs' rockin' recipes are organized by mealtime--breakfast, lunch, supper, snacks, and desserts--and there is an entire chapter of fun party and holiday--themed menus to enjoy. Dishes like Dreamy Tropical Smoothies and Wok-a-licious Beef Stir Fry are sure to please kids of all ages. So tie on your aprons and learn all about healthy eating along the way. Lilly and Audrey Andrews, identical twins from Sonoma, California, are young expert chefs who attend adult classes at culinary school, have cooked side-by-side with famous chefs Wolfgang Puck, Michael Chiarello, Bob Blumer and have appeared on Good Morning America and The Ellen DeGeneres Show . | Format: Hardback | Language/Sprache: english | 815 gr | 251x203x16 mm | 192 pp.



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