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TESTEZ LE COACHING MENTAL ET VOTRE VIE SERA TRANSFORMÉE

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Condition: New. Publisher/Verlag: Éditions Vie | Le mot coaching est rentré en force dans notre société, néanmoins il reste encore très flou au niveau du grand public. Pour ma part je pratique du coaching mental. Je le propose comme l'accompagnement d'un individu ou d'un groupe afin de développer leur potentiel et trouver leurs marques. Il s'applique à toute personne qui désire être l'acteur de sa vie. A travers le contenu de ce livre, je développe un aspect holistique du coaching...

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