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THE FRESH TABLE: COOKING IN LOUISIANA ALL YEAR ROUND (HARDBACK)



Louisiana State University Press, United States, 2013. Hardback Book Condition: New. New.. 208 x 185 mm. Language: English . Brand New Book Louisiana s identity is inextricably tied to its famous foods; gumbo, red beans and rice, jambalaya, and etouffee are among the delicious dishes that locals cherish and visitors remember. But Louisiana s traditional cuisine has undergone a recent revision, incorporating more local ingredients and focusing on healthier cooking styles. In The Fresh Table, locavore and native New Orleanian..

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- Authored by Helana Brigman
- Released at 2013



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