



## Defensive Exercises; Comprising Wrestling, Boxing, C

By Donald Walker

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1840 Excerpt: .so to a tall man (even in every part of the body) when engaged with another of lesser stature, or length of arm, as he will be out of his opponents reach, whilst the latter may be within his. The power of defence does not consist so much in your own strength of position, as in effecting a decided quick movement in that direction, in which your opponent has the least power of resistance, especially in defending against the Point, when the First, Third, and Fifth Guards are the most effective against the First and Third point; and the Second, Fourth, and Sixth Guards, against the Second point; provided the wrist is previously so placed, that the requisite Guards may be quickly executed. The two Parries must also be regulated by the position of the opponent s wrist, so that the bearing of your sword may...



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