



## Obesity

By G. Gadkari

Mercury Learning & Information. Mixed media product. Book Condition: new. BRAND NEW, Obesity, G. Gadkari, This book is an aid to both the obesity therapist and patient to understand and plan the correct course and diet to alleviate potential health issues. In an easy-to-follow question / answer format the book covers basic definitions, available diet plans and selecting a realistic diet plan by individual need, calorie requirements, body mass index calculations, metabolic rates, childhood obesity, sociological issues, and numerous charts for tracking progress. The book also covers the latest anti-obesity drugs including Qnexa, and the companion DVD provides animations, digital charts, Web resources, images, and more. This title includes questions and answers about the medical definition/description of the condition; the source/causes; details of symptoms; available cure/treatment; childhood obesity and societal issues or public opinion such as legal issues, social / psychological ramifications, etc. It covers the latest anti-obesity drug treatments including Qnexa. It presents case studies from both the physician and patient perspectives. It includes animations, figures, and photos to support, explain topics under discussion. In electronic versions these items are integrated as hyperlinks and "pop-ups" throughout the text. Resources including Web sites, articles, blogs, and books offer additional information...



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