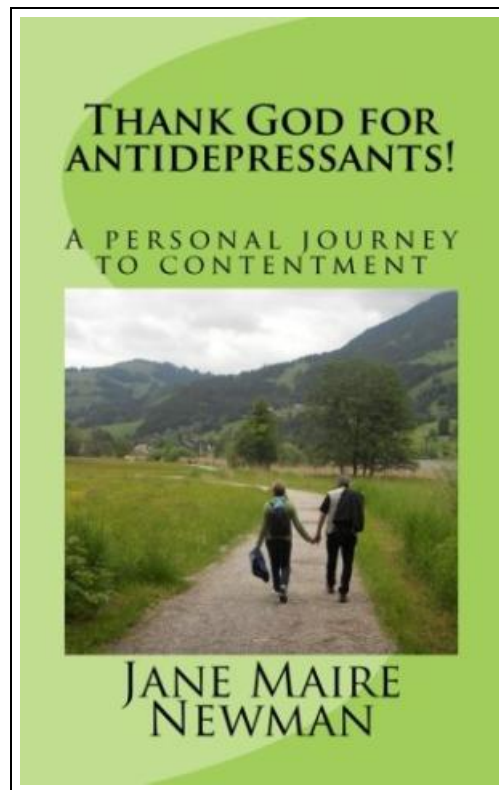


## Thank God for Antidepressants!: A Personal Journey to Contentment (Paperback)



Filesize: 2.19 MB

### ***Reviews***

*Merely no words and phrases to spell out. It is actually written in basic words and phrases instead of difficult to understand. Your way of life span will probably be enhanced as soon as you complete reading this article ebook.  
(Lauren Quitzon)*

**THANK GOD FOR ANTIDEPRESSANTS!: A PERSONAL JOURNEY TO CONTENTMENT (PAPERBACK)**

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.My book is unique in today s book market on the subject of depression the taking of antidepressants. Why is that? Because I am writing from the perspective of one who is actually taking antidepressants, and has done so for a long time. It s my personal story, not a professional take on the subject. I have no medical training whatsoever. However, my book has been vetted by two psychotherapists and a psychiatrist, to be sure that it is not misleading in any way. I am a mother of four and a grandmother of five, and my struggle was a journey of twenty-seven years. I m definitely not handing out a ten point recipe for success. I want people to feel understood, able to hold their heads up and walk tall. It s like a conversation with the reader. Aimed at people who struggle with depression /or medication in any way, and those who wish to understand them or have to live with them! I have written for anyone who is in that situation, but, being a Christian, I do look at the vexed question of healing the struggle that produced in me. Several friends and family members read it who are not Christians told me that they really liked it in spite of the parts that could have annoyed them as one person put it. I wrote my book in response to a number of people who have told me conspiratorially I take antidepressants too like it was some guilty secret. I have had numerous occasions to share snippets in conversations or even sermons, but I felt it would be helpful to put it all down in one piece....



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