



## Becoming a Minimalist: Your Guide to Living a Great Life with Less Through Minimalism

By Kimberly Wilson

Createspace, United States, 2012. Paperback. Book Condition: New. 200 x 126 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.\*\* Discover that having LESS is MORE. Get more freedom, more time, save money and more, by eliminating the excess in your life and focusing on the essentials. \*\* Would you like to go to sleep at night knowing that your day was spent as you truly wanted to spend it? Would you like to feel sure that you didn't waste time and energy on meaningless activity? Are you tired of listening to the thundering voice of consumerism instead of the quiet voice within you? Becoming a Minimalist: Living a Great Life with Less Through Minimalism will show you (in a very concise manner) how to find what's important in your life and rid yourself of what isn't, so you can focus on what is truly important. Minimalism is a flexible life philosophy that you can use to help create a more meaningful life. Use the principles in this book to learn about minimalism, what it is, how to live by its guidelines, how it can help you live with focus on what you truly...



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