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THE PRACTICE OF AROMATHERAPY: CLASSIC COMPENDIUM OF PLANT MEDICINES AND THEIR HEALING PROPERTIES



Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Practice of Aromatherapy: Classic Compendium of Plant Medicines and Their Healing Properties, Jean Valnet, R. Campbell, L. Houston, An explanation of aromatherapy, what it is and how it works with especial reference to fifty plants and essences. It includes a guide to the plants and essential oils used in aromatherapy and how they can keep the body and mind healthy.

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