



## My Resurrected Heart: A Codependent s Journey to Healing (Hardback)

By Diane Vernitsky Jellen

WestBow Press, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The story of one woman s life with an alcoholic spouse will resonate with anyone dealing with a loved one s addiction. After her husband moved out, author Diane Jellen sought professional counseling and learned that she had played a leading role in the family drama. In order to achieve spiritual and emotional recovery, she had to deal with her own issues including: Denial Stigma of addiction Shame Blame Family secrets Divorce Financial loss Inability to trust This forty-day devotional memoir details Jellen s slow but progressive recovery from crippling codependent behavior to self-respect. Follow Diane on her healing journey and learn how you, too, can face your fears and overcome your shortcomings. Along the way, you will discover that it s okay to love and respect the person God designed you to be.



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