



## The Ancient and Forbidden Secrets

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By Razzab Ali Shaikh

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Astral Plane: an intermediate and invisible level of reality between the physical plane and higher, more divine realms. It is the common boundary between the individual and noumenal reality. A non-physical level of existence which is the basis of the physical plane. The astral plane has several layers of density and vibrational rate. The upper astral lies close to the angelic realms, while the lower astral is the world of dreams and phantasms. The astral plane contains many non-physical entites. Astral Projection (or Astral Traveling): the practice of traveling out of the physical body in the astral planes. It is the transference of consciousness from the physical to the astral body, in a way that the practitioner perceives and moves about on the astral plane in the body of light, while the physical body remains inert. By using astral projection, the magician enters this world and interacts with angels, elementals, and other beings. Astral Projection in the Golden Dawn tradition can be described as a form of self-hypnosis which uses symbols as doorways in order to cause changes...



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