



Ethiopian-Inspired Cooking, Vegetarian Specialties: An American Approach to Ethiopian Cuisine (Paperback)

By Ian Finn

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The original vegetarian/vegan Ethiopian cookbook, first published in 2007, now updated with step-by-step full color how-to food photos, low fat and gluten-free recipes. Easy to prepare recipes with complete instructions for a full Ethiopian vegetarian platter: spiced oil (the corner-stone of delicious cuisine), injera flat-bread, potato and lentil salad, chickpea shuro dip, eggplant tibs, spicy stews, chocolate fudge teff cake and more. This award-winning classic (Gourmand International Best in the World Award, 2009) was written with the home cook in mind, but adapted from expert recipes crafted in a popular restaurant kitchen. Full Color 3rd edition. Black White edition also available.

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