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## THE DASH DIET WEIGHT-LOSS PLAN: RANKED #1 BEST DIET OVERALL BY U.S. NEWS WORLD REPORT 7 YEARS IN A ROW (PAPERBACK)

### THE DASH DIET WEIGHT-LOSS PLAN

**RANKED #1**  
**Best Diet Overall**  
**by U.S. News &**  
**World Report**  
**7 Years In A Row**



Createspace Independent Publishing Platform, 2017. Paperback Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Dash Diet is Ranked as The Number#1 Best Diet. The DashDiet has more research backing it up than any other diet plan on the planet. The truth is the Dash diet is one of the most well-researched diets of all time. It s endorsed by the National Institutes of Health, the American Heart Association and the Mayo Clinic to name...

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- Authored by Frank Crane
- Released at 2017



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