



Awakening the Physician Within

By Dr Emmett Miller

BRILLIANCE AUDIO, 2014. CD-Audio. Condition: New. Language: English . Brand New. Change the images and strategies that your mind uses to re-write the script of your life. Dr. Emmett Miller is a physician, health educator, author, and a pioneer in the field of mind/body medicine. For over thirty years, he has taught that when you are responsive to your internal as well as your external environment, most difficulties are eased. The mind and body become alive and attuned, and act in accord with changing experience. The result is wellness and high levels of performance and creativity. With this intriguing and engaging audio program you will learn to use Selective Awareness, a deeply relaxed state, where you can awaken the inner physician--a deeper understanding of how the mind and body can work in harmony to produce healing, balance, and wellness.



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