

Meal Planner: Weekly Menu Planner with Grocery List [Softback * Large (8 X 10) * 52 Spacious Records More * Red Polka Dot]



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Reviews

Comprehensive guide for pdf fanatics. It is filled with knowledge and wisdom It is extremely difficult to leave it before concluding, once you begin to read the book.
(Valentin Thompson)

MEAL PLANNER: WEEKLY MENU PLANNER WITH GROCERY LIST [SOFTBACK * LARGE (8 X 10) * 52 SPACIOUS RECORDS MORE * RED POLKA DOT]



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Softback blank Meal Planner book with a spacious two page spread for each of 52 weeks [\$5.50 / 3.99] INTERIOR: (To view click on Look Inside and scroll past the initial Title Page) - Each log provides the facility to total anything, cost or calories, but the shading for this is intentionally subtle so you can easily ignore it and just write a meal title over the top if desired. - There s a shopping list with each week so you can take it to the store and see at a glance what you need. - A Notes section for each week allows extra space to record e.g. special celebrations, additional guests or comments on what worked and what didn t. - At the back, a double page tracker chart allows you to compare any values across three different stores or brands; again it could be cost, calories or anything else. There s also a page at the back to jot down your regular fallback meals just the once, so if you re tracking totals or ingredients you don t have to keep rewriting the same lists. (There s also a general Notes page at the back too.) - Thick white acid-free paper minimizes ink bleed-through. EXTERIOR: Cover: Tough matte paperback. Binding: Secure professional trade paperback binding, i.e. it s built to last; pages won t fall out after a few months of use. Dimensions: 20.3 x 25.4 cm (8 x 10). (Almost the same width as A4 but a few cm shorter in height - so just that bit easier to fit into a shopping bag!) MATCHING PRODUCTS: We also publish a Blank...

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