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## Mrs Kitching's Smith Island Cookbook

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By Francis Kitching

Schiffer Publishing Ltd. Hardback. Book Condition: new. BRAND NEW, Mrs Kitching's Smith Island Cookbook, Francis Kitching, Seventy-five miles southeast of Washington, D.C., in the middle of the Chesapeake Bay, accessible only by boat, is tiny Smith Island, where a 300-year-old culture has survived in singular isolation. For a quarter of a century in this unique setting, Frances Kitching operated a small, widely renowned restaurant and inn. Susan Stiles Dowell, working closely with her, gathered more than one hundred of her recipes many of them from the generation-to-generation oral tradition. This is more than just a regional cookbook. In Mrs. Dowell's sensitive and luminous telling of the lore and lure of this remote island, and in forty evocative photographs, colorful people and places come to life.

### Reviews

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