



Awake in Angelscape: The Scenic Route to the Sacred Self (Paperback)

By Stacie Coller

Lsp Digital, LLC, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The greatest journey you will ever take begins with a leap of faith. Awake in Angelscape is a guided meditation book that uses a journey through an imaginary landscape to initiate a progression of 30 self-healing and wholeness activities. The book activities seek to provide the Reader with deeply moving experiences and inner tools that respect the way the brain responds to internally generated imagery. The work in the book uses a synergy of the Reader's imagination, clear intentions, and personal spiritual faith to weave a potent interactive journey to the Sacred Self. The book's activities provide protocols to address the major processes of self-healing and wholeness work. These processes are: 1) flushing the system of accumulated energetic and emotional congestion, 2) fortifying the system to be resilient against harmful or negative influence, 3) rectifying negative perceptions and patterns, 4) restoring a sense of wholeness and harmony within the system 5) empowering the Self to identify, cultivate, and express the most sacred and evolved aspects of itself as an individual and as a member of larger systems, 6) embracing...

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