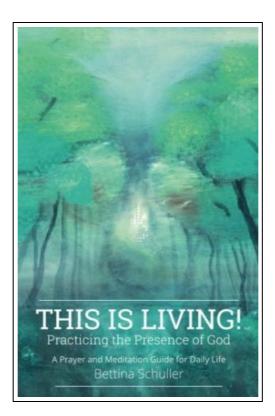
This Is Living! Practicing the Presence of God: A Prayer and Meditation Guide for Daily Life (Paperback)



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Reviews

If you need to adding benefit, a must buy book. It can be loaded with wisdom and knowledge I discovered this ebook from my dad and i encouraged this pdf to discover. (Darrin Kutch)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.If you have ever wanted to feel connected to God in everything you do but don t know how, This is Living! is the book for you! Offering 40 meditations and prayers, this book goes beyond the theoretical and theological into the practical. It is about experiencing the Divine moment by moment in ourselves and other living beings and while we are living our day-to-day life. This is Living! is about experiencing the extraordinary in the ordinary, the Holy in the midst of life. The combination of history, neurological research and spirituality in the first part offers a multifaceted and approachable guide to living in the present moment. The author, who was inspired by Brother Lawrence s 17th century teachings on practicing the presence of God, has shaped his core message for our 21st century world. The second part provides Breath Prayers, Body Prayers and Daily Awareness Prayers that will keep you connected during situations you encounter every day. Turning on the Light will remind you that you are the light of the world, Opening a Door will invite you to open your inner door to love, and Waiting in Line will breathe new life into a mundane, potentially frustrating chore. These are just three of 40 meditations and prayers to stay present with God. The author creates a rare energy where skeptics, nonbelievers and the unaffiliated are welcomed with the same generosity of spirit as the most devout Christians. This is Living! provides spiritual guidance and deep self-healing for everyone on a spiritual path. Whether you call it mindfulness, the power of now or practicing the presence of God, you will learn to stay in the present moment where God and...

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