



Diabetes Pregnancy: A Guide to Your Antenatal Care During Pregnancy (Paperback)

By Latoya Efeadue

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Gestational diabetes cases are soaring, and you and your baby might be at risk without even knowing it. Discover more about gestational diabetes and how to stay healthy during your pregnancy! Are you pregnant and just found out you have gestational diabetes? Do you have type 1 or type 2 diabetes and are thinking about getting pregnant? Now is the time to keep you and your baby healthy and with this book, we can help. As you prepare for a healthy pregnancy and a healthy baby your prenatal nutrition and management of your blood sugar play a significant part in a positive outcome with gestational diabetes. This book is the ideal guide to help women to manage their gestational diabetes, eat well and have a healthy pregnancy and delivery. We cannot possibly tell you everything you need to know in this short book, but with this knowledge, you are closer to having a healthy delivery. This book includes insights of licensed dietitians, highly experienced and certified high-risk obstetric nurses, leading medical experts and the latest evidenced based practices on understanding the...

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