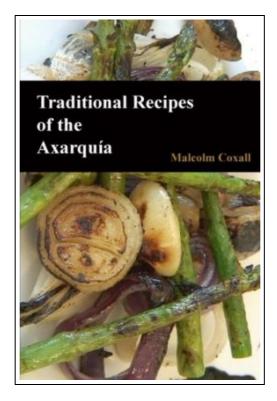
# Traditional Recipes of the Axarquia



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## TRADITIONAL RECIPES OF THE AXARQUIA



Malcolm Coxall - Cornelio Books. Paperback. Condition: New. 238 pages. Dimensions: 9.0in. x 6.0in. x 0.5in.The Axarqua is a small, remarkable corner of Andalusia in Spain. It has witnessed some of the most culturally cataclysmic events of the last 40, 000 years of European history, such as the arrival of the first modern human beings in Europe, the invasion of the Phoenicians, Byzantines, Romans, Visigoths, Arabs and most recently, the Christians. It is a bountiful area with fertile soils and a good climate. However, it is not always an easy place. In just a few years the climate of the area can fluctuate from abundance to drought. The geography of the region makes access very difficult; to this day many of its villages are remote, often inaccessible. These extraordinary historical, climatic and geographical conditions have made the Axarqua an area of great diversity. One of the most interesting facets of the region is its cuisine. It is full of Roman, Arab, Jewish and Christian culinary traditions, many of which are obvious in the 200 plus recipes contained in this book. To give a better insight into the culinary origins in this collection of recipes we have divided the book into the following chapters: GENERAL: - The geography, landscape and climate of the Axarqua - A short History of the Axarqua and gastronomic influences - The Agriculture of the Axarqua - Traditional ingredients - Village by Village: A short Gastronomic tour of the Axarqua RECIPES: - Starters, Salads and Gazpachos - Soups of the Axarqua - Main Dishes of the Axarqua - Goats Meat dishes - Lamb dishes - Rabbit dishes - Pork dishes - Poultry dishes - Stews and Fricassees - Casseroles - Fish Dishes - Sweets and Confectionary - Breads and Tortillas - Wines and other alcoholic drinks of...



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