



## How to Have a Baby and Not Lose Your Shit (Paperback)

By Kirsty Smith

Dark River, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.So you re having a baby! Congratulations! Have you started panicking yet? How to Have a Baby and Not Lose your Shit is for women who want to start a family but are not sure quite how into babies they are. Women who have no intention of ever making their own Play-Doh (yes, that s a thing). Women who think that babies are a teeny, weeny bit boring.

Appealing to new and expectant mums (as well as existing mothers who will identify with many of the experiences!) this is not a book about surviving parenting: having a baby is not an ordeal, it s a brilliant life-affirming experience. This book is about enjoying parenting but acknowledging its challenges, about how you can love your children to the moon and back but still not like having fingers that smell of poo. If you want to know how looking after a toddler is basically just like that time your mate got dumped and went on a six-month bender, or why holding a baby at a wedding and immediately wanting to swap it for a...

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