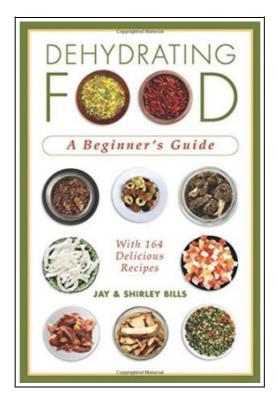
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Reviews

Absolutely among the best publication I have got at any time go through. It really is writter in straightforward phrases rather than hard to understand. Its been designed in an extremely straightforward way which is just soon after I finished reading this publication through which basically modified me, alter the way I believe.

(Mrs. Velda Tremblay)

DEHYDRATING FOOD: A BEGINNER'S GUIDE



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Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, Dehydrating Food: A Beginner's Guide, Jay Bills, Shirley Bills, With the easy-to-follow, step-by-step directions here, anyone can have fun, save money, and create delicious meals by dehydrating food. Learn the basic methods sun drying, oven drying, net bag, and commercial food dehydrators before moving on to drying herbs for tea, making your own tasty (and healthier) jerky, and so much more. Also included is a section on the nutritional benefits of drying food. With 164 recipes ranging from breads to desserts, soups to pies, and cereals to entrees, "Dehydrating Food" is a book for anyone who is interested in learning how to save money and create delicious meals by drying their own food."

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